

For your child diagnosed with Duchenne muscular dystrophy (DMD)

A GUIDE TO DISCUSSING EMFLAZA[®] (deflazacort) TREATMENT WITH HIS DOCTOR

INDICATION

EMFLAZA[®] is indicated for the treatment of Duchenne muscular dystrophy in patients 5 years of age and older.

Once your child has been diagnosed with DMD, it's important to communicate early and often with his healthcare team. Use this guide to help you plan for conversations with your child's doctor.

Consider these questions about EMFLAZA when speaking to your child's doctor:

<ol style="list-style-type: none">1 How many times a day is EMFLAZA taken?2 Can EMFLAZA be taken with other medications?3 For how long will my child take EMFLAZA?4 How might changes in my child's weight affect EMFLAZA dosing?5 Is there anything I need to consider if I wish to stop his EMFLAZA treatment?6 Are there any resources to help me pay for EMFLAZA?	Notes for your questions
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IMPORTANT SAFETY INFORMATION

Contraindications: Do not use if you are allergic to deflazacort or any of the inactive ingredients in EMFLAZA.

Please see Indication and Important Safety Information on pages 2 and 3 and [full Prescribing Information](#).

Remember to speak to your child’s doctor about any other medications he may be taking

In order to provide your child with the best possible care, it is important that his healthcare team is aware of his current medications, including dosage and the prescriber’s name. Any additional information you can provide about these medications may also be helpful, including observations or concerns about the medication. Use the table below to help you organize this information:

Medication	Dosage	Prescriber	Observations	Concerns



Talk to your child’s healthcare provider to see how EMFLAZA can help.

INDICATION & IMPORTANT SAFETY INFORMATION FOR EMFLAZA® (deflazacort)

INDICATION

EMFLAZA® is indicated for the treatment of Duchenne muscular dystrophy in patients 5 years of age and older

IMPORTANT SAFETY INFORMATION

Contraindications: Do not use if you are allergic to deflazacort or any of the inactive ingredients in EMFLAZA.

Do not stop taking EMFLAZA, or change the amount you are taking, without first checking with your healthcare provider, as there may be a need for gradual dose reduction to decrease the risk of adrenal insufficiency and steroid “withdrawal syndrome”. Acute adrenal insufficiency can occur if corticosteroids are withdrawn abruptly, and can be fatal. A steroid “withdrawal syndrome,” seemingly unrelated to adrenocortical insufficiency, may also occur following abrupt discontinuance of corticosteroids. For patients already taking corticosteroids during times of stress, the dosage may need to be increased.

INDICATION & IMPORTANT SAFETY INFORMATION FOR EMFLAZA® (deflazacort) (cont.)

- **Hyperglycemia:** Corticosteroids can increase blood glucose, worsen pre-existing diabetes, predispose those on long-term treatment to diabetes mellitus, and may reduce the effect of anti-diabetic drugs. Monitor blood glucose at regular intervals. For patients with hyperglycemia, anti-diabetic treatment should be initiated or adjusted accordingly.
- **Increased Risk of Infection:** Tell your healthcare provider if you have had recent or ongoing infections or if you have recently received a vaccine or are scheduled for a vaccination. Seek medical advice at once should you develop fever or other signs of infection, as some infections can potentially be severe and fatal. Avoid exposure to chickenpox or measles, but if you are exposed, medical advice should be sought without delay.
- **Alterations in Cardiovascular/Kidney Function:** EMFLAZA can cause an increase in blood pressure, salt and water retention, or a decrease in your potassium and calcium levels. If this occurs, dietary salt restriction and potassium supplementation may be needed.
- **Behavioral and Mood Disturbances:** There is a potential for severe behavioral and mood changes with EMFLAZA and you should seek medical attention if psychiatric symptoms develop.
- **Effects on Bones:** There is a risk of osteoporosis or decrease in bone mineral density with prolonged use of EMFLAZA, which can potentially lead to vertebral and long bone fractures.
- **Effects on Growth and Development:** Long-term use of corticosteroids, including EMFLAZA may slow growth and development in children.
- **Ophthalmic Effects:** EMFLAZA may cause cataracts or glaucoma and you should be monitored if corticosteroid therapy is continued for more than 6 weeks.
- **Vaccination:** The administration of live or live attenuated vaccines is not recommended. Killed or inactivated vaccines may be administered, but the responses cannot be predicted.
- **Serious Skin Rashes:** Seek medical attention at the first sign of a rash.
- **Drug Interactions:** Certain medications can cause an interaction with EMFLAZA. Tell your healthcare provider of all the medicines you are taking, including over-the-counter medicines (such as insulin, aspirin or other NSAIDS), dietary supplements, and herbal products. Alternate treatment, dosage adjustment, and/or special test(s) may be needed during the treatment.

Common side effects that could occur with EMFLAZA include: Facial puffiness or Cushingoid appearance, weight increased, increased appetite, upper respiratory tract infection, cough, frequent daytime urination, unwanted hair growth, central obesity, and colds.

Please see the accompanying [full Prescribing Information](#)

For medical information, product complaints, or to report an adverse event, please call **1-866-562-4620** or email at usmedinfo@ptcbio.com.

You may report adverse events to FDA at **1-800-FDA-1088** or www.fda.gov/medwatch.



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Emflaza®
(deflazacort)
6 mg | 18 mg | 30 mg | 36 mg tablets
22.75 mg/mL oral suspension